

LOUISVILLE KENTUCKY
POPULATION CENTER TRAINING
EXECUTIVE INN (EAST)
978 PHILLIPS LANE
LOUISVILLE, KY 40209
The Canterbury Room
August 11, 12, 13, 14, 15, 2003

Monday, August 11, 2003

Overview of the Kentucky OSH Program.....8:30 AM-11:30AM (Course #127)
This session discusses the obligation to provide a safe and healthy workplace, free from recognized hazards. Topics of discussion include the operations of the Kentucky Occupational Safety and Health Program, including enforcement and voluntary compliance services, safety and health topics currently being considered for future standards and policies.

Accident Investigation.....1:00 PM-4:00 PM (Course #102)
This course provides information on accident investigation techniques and methods. Topics include evidence collection and evaluation, interview techniques and documentation. Techniques for determining root causes of accidents and Job Safety Analysis will be covered as well as a brief Overview of Behavior Based Safety. Practical exercises are used to support class information.

Tuesday, August 12, 2003

Injury and Illness Recordkeeping Requirements.....8:30 AM-11:30 AM (Course #401)
This session is for those persons responsible for maintaining the revised injury and illness records. The forms 300, 301 and 300A will be covered. The regulations and guidelines for recordkeeping will be discussed, as well as the compliance directive the Kentucky OSH compliance officer will use to evaluate your records. A recordkeeping example workshop will be part of the course, time permitting.

Backcare and Proper Manual Lifting Techniques.....1:00 PM-4:00 PM (Course 103)
This program focuses on the prevention of back injuries through the use of proper lifting techniques, ergonomics, and exercise. Topics of discussion include anatomy and physiology of the back, risks, causes, and consequences of back injuries, ergonomics, proper lifting and moving skills, and exercise. A hands-on workshop demonstrating proper lifting and moving skills, as well as, preventive exercises will be offered. Participants should wear appropriate clothing.

Wednesday, August 13, 2003

Introduction to Ergonomics.....8:30 AM-11:30 AM Course #225)
This session will provide participants with an introduction to ergonomics and Cumulative Trauma Disorders (CTD's). Topics of discussion include disorders associated with ergonomic risk factors; the costs of CTD's to employers and employees; and the elements of an effective ergonomics program. Additionally, case studies will be utilized to demonstrate current methods to recognize, evaluate, and control ergonomic problems.

Fall Protection.....1:00 PM-4:00 PM (Course #315)
This course will focus on fall hazards associated with construction sites. Examples of the most common hazards and their applicable standards will be discussed. Major topics will include the correct use of guardrail systems, personal fall arrest systems, restraint systems, and hole covers.

Thursday, August 14, 2003

Indoor Air Quality.....8:30 AM-11:30 AM (Course #215)
This course provides an overview of indoor air quality (IOA) problems in the office environment. Acute and chronic effects of chemicals upon employees and target body organs are discussed. Chemical overexposure can lead to chronic allergic reactions and Multi-Chemical Sensitivity (MCS). Extreme temperature and humidity conditions often cause employee discomfort. Sick Building Syndrome (SBS) is just an excuse for lack of identification of sources of IAQ pollutants and allergens; people simply don't imagine smells and rashes. Mold, fungi, radon and combustion by-products can be tracked by 'odor patrols' and 'ventilation squads'. The feasibility of a continuous, building fresh air supply will be discussed.

Fire Protection & Means of Egress.....1:00 PM-4:00 PM (Course #123)
This course introduces the participant to the recognition of potential fire hazards and emergency procedures. Topics include the chemistry of fire, types and effectiveness of extinguishing agents, means of egress, detection and alarm systems, fire brigades, fire prevention plans. 29 CFR 1910, Subparts E and L, and references NFPA codes provide the basis for the course.

Friday, August 15, 2003

Excavation, Trenching and Shoring.....8:30 AM-11:30 AM (Course #306)
This course is designed for those persons engaged in excavation work. It covers OSHA's requirements in Subpart P of the 1926 standards. Topics include soil classification and instrumentation, shoring techniques, trench boxes, a discussion of competent person, and associated hazards.

Noise and Hearing Conservation.....1:00 PM-4:00 PM (Course #212)
This course explains the composition of sound, the instrumentation and criteria used to determine excessive noise levels, the effects of noise on the hearing mechanism, personal protective equipment, and basic noise control methodology. Also included is a discussion of the hearing conservation requirements. These requirements include employee exposure monitoring, audiometric testing, hearing protection, employee training, and related recordkeeping.

NOTE: Complete one form for each registrant attending class. Photo copies are acceptable. Please submit registration by August 6, 2003. No confirmation of registration will be sent. All courses are COST FREE.

Visit our website: <http://www.labor.ky.gov/>.

LOUISVILLE KY 2003 TRAINING

FAX OR MAIL
FAX (502)564-4769

Mr. ☐ Mrs. ☐ Dr. ☐
FIRST NAME _____ LAST NAME _____
ESTABLISHMENT _____
TITLE _____
EMAIL ADDRESS _____
ADDRESS _____
CITY _____ STATE _____ ZIP _____

Phone No. () _____ - _____

Please check course(s) desired:
☐ 127 ☐ 102 ☐ 401 ☐ 103 ☐ 225 ☐ 315 ☐ 215 ☐ 123 ☐ 306 ☐ 212